WHEAT BERRY SALAD

**INGREDIENTS:**

1 ½ cups wheat berries

¾ cup chopped walnuts

2 stalks celery finely chopped

½ cup tart dried cherries, chopped

1 scallion, chopped

½ cup finely chopped parsley leaves

3 TBSP olive oil

2 TBSP lemon juice

Salt and Pepper to taste

**DIRECTIONS:**

In large pot combine wheat and enough water to cover 2 inches. Bring to boil, reduce to simmer, cover and cook for 1 hour or until tender. Drain and let cool. Toast walnuts in dry skillet over medium heat, 2 to 3 minutes.

In large bowl combine all ingredients, season to taste with salt and pepper.